

# MARCH 2021

## RIVERSIDE MEADOWS

Questions or concerns,  
Contact Nutrition Services  
(530) 743-4428 x770  
mdelong@plused.org

### Monday

**1**  
Chicken Sandwich Or  
Bean & Cheese Burrito  
Celery Sticks  
Red Apple  
Ranch Dressing  
Doritos

**8**  
Cheeseburger  
Or Grilled Cheese  
Tater Tots  
Pineapple Spears  
Fruit by the Foot

**15**  
Popcorn Chicken w/ BBQ Sauce  
Or Grilled Cheese  
Celery Sticks  
Red Apple  
Cheez Its

**22**  
Crispitoes Or  
Nachos  
Baby Carrots  
Fresh Orange  
Salsa Cup  
Pudding Cup

**29**  
Lasagna Roll Up  
with Bread Stick  
or Pull Apart  
Baby Carrots  
Honeydew Chunks  
Pudding Cup

### Tuesday

**2**  
Lasagna Roll Up  
with Bread Stick  
or Pull Apart  
Baby Carrots  
Honeydew Chunks  
Pudding Cup

**9**  
Chicken Nuggets  
Or Macaroni & Cheese  
Baby Carrots  
Green Apple  
Cheez Its

**16**  
Mini Tacos Or  
Bean & Cheese Burrito  
Refried Beans  
Honeydew Chunks  
Salsa Cup  
Rice Krispie Treat

**23**  
Pulled Pork Sandwiches  
Or Grilled Cheese  
Tater Tots  
Pineapple Spears  
Fruit by the Foot

**30**  
Chicken Nuggets w/ BBQ Sauce  
Or Macaroni & Cheese  
Broccoli Florets  
Green Apple  
Cheez Its

### Wednesday

**3**  
Pulled Pork Sandwiches  
Or Grilled Cheese  
Tater Tots  
Pineapple Spears  
Fruit by the Foot

**10**  
Orange Chicken or  
Tofu  
Steamed Rice  
Stir Fry Veggies  
Fresh Orange  
Fortune Cookie

**17**  
Lasagna Roll Up  
with Bread Stick  
or Pull Apart  
Baby Carrots  
Honeydew Chunks  
Shamrock Icee Cup

**24**  
Chicken Sandwich Or  
Bean & Cheese Burrito  
Celery Sticks  
Red Apple  
Ranch Dressing  
Doritos

**31**  
Orange Chicken or  
Tofu  
Steamed Rice  
Stir Fry Veggies  
Fresh Orange  
Fortune Cookie

### Thursday

**4**  
Domino's Smart Slice Cheese or  
Pepperoni Pizza  
Broccoli Florets  
Cantaloupe Chunks  
Ranch Dressing  
Chocolate Chip Cookie

**11**  
Domino's Smart Slice Cheese or  
Pepperoni Pizza  
Broccoli Florets  
Cantaloupe Chunks  
Ranch Dressing  
Chocolate Chip Cookie

**18**  
Domino's Smart Slice Cheese or  
Pepperoni Pizza  
Broccoli Florets  
Cantaloupe Chunks  
Ranch Dressing  
Shamrock Cookie

**25**  
Domino's Smart Slice Cheese or  
Pepperoni Pizza  
Broccoli Florets  
Cantaloupe Chunks  
Ranch Dressing  
Chocolate Chip Cookie

### Friday

Menus are subject to change.  
This institution is an equal opportunity employer.

